

REGISTERED COMPANY NUMBER: 5498430 (England and Wales)
REGISTERED CHARITY NUMBER: 1113751

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2020
for
Wiltshire Mind

MHA Monahans
Chartered Accountants
Fortescue House
Court Street
Trowbridge
Wiltshire
BA14 8FA

Wiltshire Mind

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for the Year Ended 31 March 2020**

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Wiltshire Mind
Chair's Report
for the Year Ended 31 March 2020

Chair's report
For the year ended 31 March 2020

This financial year we have made good progress and we continue to be in a healthy position. We continue to see an increase in local support which is very much valued as there has been a decline in appropriate avenues to gain grants to support our work. We are extremely grateful to those who have undertaken fundraising events for us and to all of our funders.

Our Mental Health Awareness training has been developed and we are now offering this widely to local businesses and other organisations which has become a useful resource for local businesses, who know that we can also support their staff who may disclose that they have a mental health issue. All income from the training goes directly to support our work across Wiltshire.

Our Young Peoples' Counselling goes from strength to strength, we have 2 counsellors who give counselling to young people from ages 11 to 18. This is a service we are continuing to develop and grow as there is a great need for this service. The feedback received from clients has been encouraging and positive.

Our charity shop in Melksham continues to support people and enables volunteers to build confidence and skills to be able to move forward with their lives. This is wonderful, and the shop enables Wiltshire Mind to have a public face in the town to promote our work. It also brings in a much-needed income.

A Tidworth support group has been set up catering mainly for military personnel and their families. It has been received positively and is very much in its infancy so needs to continue to develop and grow.

I would like to thank staff and volunteers at Wiltshire Mind for another successful year. We are of course always looking for people to support us by raising funds or to volunteer and any help is always very much appreciated.

Jim Donald
Chair, Wiltshire Mind

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2020

Report of the Trustees
For the year ended 31 March 2020

The trustees present their report and the examined financial statements for the year ended 31 March 2020. Reference and administrative information set out on page 8 and 9 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities (effective from January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Wiltshire Mind's vision is of a society that promotes and supports good mental health for all.

Our objects are: "to promote mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment."

Our mission is to provide independent advice and support to empower anyone experiencing a mental health problem in Wiltshire.

The needs and experience of people with mental distress drive our work and we make sure their voice is heard by those who influence change. Our independence gives us the freedom to stand up and speak out on the real issues that affect daily lives.

We provide information, advice and support, campaign to improve policy and attitudes, and develop local services. We do all this to make it possible for people who experience mental distress to live full lives and play their full part in society.

Our charitable purposes are set out as Aims in our Strategic Plan. Our organisation provides benefit to the public of Wiltshire by:

- Supporting good mental health for people who live and work in Wiltshire;
- Empowering people who experience a mental health problem to make informed choices about how they live and recover;
- Improving services and support to ensure people get the right services and support at the right time to help their recovery and enable them to live with their mental health problem;
- Enabling social participation for people with experience of mental health problems and allowing them to participate fully in society;
- Removing inequality of opportunity to afford equality of treatment for people who experience both mental health and other forms of discrimination; and
- Making the most of our assets by building a professional, efficient and sustainable organisation.

The trustees and managers review the charity's aims, objectives and activities each year, ensuring that these remain focused around its charitable purposes. The trustees are aware of the requirement by the Charity Commission to provide public benefit when reviewing these aims and objectives, and in planning future activities. In 2019-20 these aims and objectives were met by offering peer support drop-in groups, counselling and information and support services to people in Wiltshire experiencing mental health problems or emotional distress.

In addition, we provided the following outcomes:

- An increased ability amongst those suffering mental distress to manage daily tasks and lead fulfilling lives;
- People getting better chances in life and playing a full part in society including the possibility of a return to employment or undertaking voluntary work;
- Support for young people to ensure early intervention, reducing the need for mental health support later in life
- A reduction in isolation amongst residents suffering mental distress - better access to support and services and stronger communities with citizens working together to tackle mental health problems;
- An increased awareness of a wide spectrum of mental disorders leading to increased understanding, reduced stigma and community support for sufferers - healthier communities;
- Enabling of social participation and empowerment by providing access to information, advice, peer support networks and personalised services;
- Helping people with mental health issues build confidence and resilience; and
- Our activities will also help service users build self-esteem, become more active citizens, have greater wellbeing and find support and friendship.

Wiltshire Mind

Report of the Trustees for the Year Ended 31 March 2020

OBJECTIVES AND ACTIVITIES

Progress April 2019- March 2020

Wiltshire Mind has had a successful year with continued stability for the charity.

The last year has seen an increase in local publicity, with increased attendance at many events and an increase in our profile. This has led to local an increase in local awareness and support.

We have received increased support from the community, who are regularly fundraising and undertaking challenges to support Wiltshire Mind. This has been helpful as we have seen a steady decline in grant and trust funding. We are reliant on local fundraising, our Charity Shop and training income. We have been chosen by some local businesses as their 'Charity of the Year', this has been wonderful, allowing us to interact with staff, raising the profile of Wiltshire Mind and our services, and opening the doors to our training offer and bringing in new funding. This has also allowed us to reach people at an early stage.

We are pleased to report that we continue our Young People's Counselling Service at our Melksham offices. This runs two afternoons/evenings per week, providing specialist young people's counsellors for our local population of young people. This service bridges the gaps in local statutory provision and enables young people to be seen at the earliest point to prevent escalation of poor mental health.

Over the last year we have continued:

- 7 Peer Support Groups (Melksham, Trowbridge, Malmesbury, Devizes, Chippenham, Tidworth and Salisbury)
- 2 Carer Support Groups of those with Mental Health Issues Groups (in partnership with Carers Support Wiltshire)
- Counselling in Melksham and Trowbridge, including evening work
- Mental Health Awareness Training for businesses/organisations
- Polish Counselling in Trowbridge
- Evening Support Group in Melksham
- Providing a Charity Shop in Melksham

Our Support Groups across Wiltshire remain strong with positive outcomes for the individuals who attend. Members throughout the year have an opportunity to hear from speakers or undertake new activities at the groups. This has led to many starting new hobbies and joining other groups. It is encouraging to see members benefitting from sessions and enjoying life together. Many meet outside the groups as they have formed firm friendships and support each other throughout the week not just at the groups.

A continued area of focus this year has been our Mental Health Awareness Training. The training has been well received and we have provided training to a variety of organisations across Wiltshire who have found that awareness really does help individuals and businesses. We have also worked in partnership with Age UK Wiltshire/Health Education England to provide specific training to the charity and health sector in Wiltshire.

Training has become an important income stream for Wiltshire Mind. We have extended our training offer this year to include Stress/Anxiety and Mindfulness training and Mental Health First Aid training which is backed by MHFA England.

Wiltshire Mind continues to build relationships with other local organisations and statutory providers, raising recognition as a key player in providing mental health support in Wiltshire.

Our Charity Shop has continued to progress over the last year, providing an opportunity for local people to volunteer in a retail environment. There have been some fabulous outcomes for many of the volunteers who experience their own mental health challenges, and who have progressed into work. The Shop has become a well-recognised Charity shop within the town and creates a valuable income to support the charity, and also a prominent way of promoting our work locally.

Services provided in 2019/2020

You in Mind Centres - Peer Support Groups (self-help)

The centres, based in Chippenham, Devizes, Malmesbury, Melksham, Tidworth, Salisbury and Trowbridge all provide friendly, safe places where anyone can find support and friendship. Each centre is open for 3 hours per week and is staffed by a part time Support Group Facilitator and Volunteers. A combination of talking and activity-based therapies are undertaken at each group (non-clinical intervention).

Client input and service development is actively encouraged. Clients' contribute a small financial amount per visit towards costs. There have been positive outcomes for individuals attending the groups through sharing of coping mechanisms, building friendships and progressing to lead fulfilled lives together.

Wiltshire Mind

Report of the Trustees for the Year Ended 31 March 2020

OBJECTIVES AND ACTIVITIES

Progress April 2019- March 2020

Carers of those with Mental Health Issues Groups

We continue to work in partnership with Carers Support Wiltshire. This partnership provides 2 groups in Devizes and Chippenham which give support to carers. These groups are managed by two Support Group Facilitators who have experience of managing groups. The groups provide support for carers and time for them to relax in a safe environment. The groups run on a monthly basis. The benefits for carers are immense, and the group provides time away from the caring role and enables friendships between those in similar situations.

Evening Group

The Evening Group has been set up to offer help to those who are in work, but struggling to continue. This group actively supports the individual and also supports local businesses. We welcome those who are experiencing short term problems which are affecting their mental health at the evening group.

Counselling Service

For people who experience stress, anxiety, depression, low self-esteem or emotional distress, this service offers a one to one confidential service. Someone who can listen in a non-judgemental way, with a safe place to talk, to think and express feelings and find a solution that works best for each individual.

Clients are assessed by a fully qualified Counselling Lead before being offered the service. All of our counsellors are qualified or they are placement counsellors who are supervised in accordance with the British Association for Counselling and Psychotherapy Code of Ethics and Standards. Wiltshire Mind provides the counselling service at a reduced cost to make this critical service accessible to all.

We have 4 counselling rooms at our Head Office.

During 2019/20 we provided 1177 counselling sessions for adults, which is 120 clients who were all assessed. We note that the demand is increasing from those requesting help. GP's also refer directly to our charity.

Young People's Counselling Service

The Young People's Counselling Service continues to support the needs of local families. This was set up following the demand of many parents struggling to cope. We often hear of young people who have sadly taken their own lives, and we are here to support those at risk. Anxiety is a common presentation, which can come from school pressures or other life experiences. Similarly we help young carers and those with family issues, low mood and depression.

During the year we helped 45 young people, offering weekly counselling sessions for up to 6 months per client. 325 sessions were held.

We now provide Young People's Counselling for those aged 11+ on two afternoons/evenings per week at our offices in Melksham. We aim to provide up to 24 sessions each. To date the project has been highly successful, and we now have two trained young people's counsellors supporting the service.

Polish Counselling Service

Our Polish Counselling Service continues in Trowbridge. This was set-up to meet the needs of our local Polish speaking community. The project provides a Polish speaking counsellor who works with many Polish people with a variety of problems ranging from addiction through to domestic abuse. This project has seen an increase in clients wanting help.

The project supports good mental health, wellbeing as well as integration. Our counsellor starts counselling in Polish and progresses to English, ensuring that when clients leave counselling, they are better placed to live fulfilling lives in Wiltshire.

Volunteers

We know that committed volunteers are essential to the charity, and the provision of our services, whether as trustees, counsellors, support group or shop volunteers. Our volunteers attend our regular Support Groups giving assistance to Support Group Facilitators, friendship and support to members.

We thank all the volunteers who give their time to support our work. During 2019/20 we have had an average of 4 group/office volunteers, between 6 and 8 shop volunteers and around 16 volunteers providing counselling support – an average of 28 volunteers in total throughout the year

Wiltshire Mind
Report of the Trustees
for the Year Ended 31 March 2020

OBJECTIVES AND ACTIVITIES
Progress April 2019- March 2020

Wiltshire Mind Charity Shop

The Charity shop is centrally located in Melksham and provides a retail face and connection for Wiltshire Mind. The shop has become a small destination shop and is an outlet for visibly promoting our work. The shop provides an income to support our much-needed mental health work locally.

The shop has had an average of 6 volunteers this year who give their time freely to support the charity. Without the volunteers we could not run the shop. They provide an invaluable service and give their time to us unconditionally. The average sale value per item in the shop is around £2.50.

Training

During 2019/20 Wiltshire Mind has developed and marketed our training.

We provide training to local businesses and organisations to not only support businesses but also individuals. This year we have provided Mental Health Awareness Training to a variety of organisations in Wiltshire. This has been very successful for the charity, both in raising awareness and income. We continue with our Mental Health First Aid Training which grows in demand by local companies.

FINANCIAL REVIEW

Financial commentary

Income

Total income from all sources in the year was £234,083 (2018/19: £228,246).

Expenditure

Total expenditure from all sources was £180,601 (2018/19: £151,856) resulting in a surplus for the year of £53,482 (2018/19: £76,390).

Banking and investments

We continued to bank and invest with The Co-operative Bank. Our working funds were managed in the Community Direct Plus current account. A new account to support the Wiltshire Mind shop was opened in May 2015 at NatWest. We also have a United Trust Bank Deposit Account and savings account with Hampshire Trust Bank (closed August 2020).

Reserves policy

The Trustees regularly examine the charity's requirements for reserves with regard to the main risks to the organisation. General reserves are held at an appropriate level in relation to the financial risks and to ensure that funds are available to manage unexpected challenges. (General reserves exclude restricted funds and reserves invested in tangible fixed assets). We also try to ensure that the charity has sufficient liquid reserves (cash and investments less restricted funds) to operate efficiently and manage any shortfalls in planned fundraising and other contributions.

The trustees have previously agreed that Wiltshire Mind's reserve policy is to hold three to six months of planned expenditure as a general reserve to be available with immediate access. The Trustees are aware of the need for reserves and aim to increase the reserve fund as and when conditions allow. As at the end of 2019/20, the unrestricted reserves stand at £267,132 and liquid reserves at £278,108.

The trustees view that this figure is in excess of the policy of three to six months of planned expenditure (£38,000 to £76,000) but due to ongoing uncertainties about future charity income and a break-even budget for 2019/20, it is prudent to keep a higher level of reserves at this time. However, plans are in place as you can see below to use some of these reserves to invest in further services during the coming year. Of these unrestricted reserves, £19,308 is represented by designated funds and general unrestricted funds of £247,824.

Post year end, due to the severe impact of Covid-19, Wiltshire Mind has had to draw on its reserves significantly due to lack of income and disruption to services during the lockdown and post-lockdown periods. The trustees can report that although significantly depleted, current unrestricted reserves are still in excess of six months of planned expenditure.

The reserves policy will be agreed on an annual basis drawing on updated budgets and business plans and, if this level is maintained, further plans will be drawn up to increase expenditure in key areas in line with our stated objectives.

Wiltshire Mind

Report of the Trustees
for the Year Ended 31 March 2020

FINANCIAL REVIEW

We sincerely thank the following organisations who made donations or awarded grants to us:

£500 to £4,999 grants / donations

Chippenham Town Council	Ground work
Devizes Lions Club	Melksham Town Council
Melksham Without Parish Council	Melksham Rotary Club
Salisbury Diocesan Board	St James Trust
Tidworth Town Council	Trowbridge Town Council
Walter Guinness Trust	Warden Freeman

In addition we thank the many individuals and donors who have supported Wiltshire Mind during the last year.

Restricted grants

Chippenham You in Mind/Peer Support Group	Grants from, Chippenham Town Council, Ground Work to be used for the benefit of clients of Chippenham You in Mind group.
Devizes You in Mind/Peer Support Group	Grants from Devizes Lions Club to be used for the benefit of clients of Devizes You in Mind group.
Malmesbury You in Mind/Peer Support Group	Grants from Warden Freeman to be used for the benefit of clients of Malmesbury You in Mind group.
Melksham You in Mind/Peer Support Group	Grants from Melksham Without Parish Council and Melksham Town Council to be used for the benefit of clients of Melksham You in Mind group.

Wiltshire Mind

Report of the Trustees for the Year Ended 31 March 2020

FINANCIAL REVIEW

Salisbury You in Mind/Peer Support Group

Grants from Walter Guinness Charitable Trust to be used for the benefit of clients of Salisbury You in Mind group.

Tidworth Support Group

Salisbury Diocesan Board to be used for the benefit of clients of Salisbury You in Mind group

Trowbridge Polish Project

Grants from St James Trust to be used for the benefit of clients of Trowbridge Polish project.

FUTURE PLANS

Plans for the future

A new strategy was produced in 2019 taking us through to 2023.

We will continue to focus on our Strategic Goals:

- To increase clients/service provision/service effectiveness
- Raise the profile of Wiltshire Mind
- Help to overcome the stigma associated with mental health issues/influence
- Achieve sustainable funding base/sustainability for Wiltshire Mind

We plan to continue to invest in our staff through increased training, helping us to better deliver our services for the people of Wiltshire.

Funding remains a priority, and we aim to secure some commissioned income during the lifetime of the current strategic plan.

We continue to work in partnership with others across Wiltshire to provide the very best care and support for those needing mental health support. We will continue to promote 'good mental health' and our work through the local press, media and through attendance at events – raising the profile of the charity at every opportunity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Wiltshire Mind, originally established in 1993, is a company limited by guarantee (No. 5498430) incorporated on 4 July 2005, and a registered charity (No. 1113751) registered with the Charity Commission on 11 April 2006. The charitable company is established under its Memorandum of Association and governed under its Articles of Association.

Wiltshire Mind

Report of the Trustees for the Year Ended 31 March 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Appointment of Trustees

The directors of the company are also charity trustees. Trustees are elected at the AGM by a majority of those attending, or voting by proxy and may serve for a maximum of three years after which they must stand for re-election. Trustees may normally serve for a maximum of three terms after which they are ineligible for two years.

Induction of Trustees

Prospective trustees are sent an induction pack which outlines the role of the trustee along with the various Charity Commission publications on the subject. He or she will then attend a meeting with other trustees to discuss these issues further. The prospective trustee will be invited to attend meetings of the Trustees as an observer. If he or she wishes to proceed they may be co-opted to serve as a Trustee until the next Annual General Meeting at which members may vote to allow them to be full members. We constantly seek to improve the induction and training of our trustees to enable and empower them in their roles.

Organisational structure

The Trustees meet at least eight times per year. They are responsible for the strategic direction, policies, activities and assets of the charity. At present the Trustees meeting consists of six elected trustees and one co-opted and they come from a variety of backgrounds including being at some time users of the service provided by the charity. There was one trustee resignation during the year. Sub committees are appointed, consisting of trustees and relevant staff, to examine specific issues such as finance, strategy and fundraising, and report back to the full meeting of Trustees.

The main responsibilities of principal staff include management and delivery of high-quality services and service support, development of new services and management systems, meeting performance targets where set, and supervision and training of staff and volunteers. Wiltshire Mind uses the services of a variety of qualified or trained personnel as required. At 31 March 2019 there were 14 part-time staff and 31 volunteers including trustees and charity shop volunteers.

Risk management

The Trustees are aware of the requirement to consider the major risks to which Wiltshire Mind is exposed. To this end, an on-going process has been established to identify risks and draw up a risk register, which is reviewed annually. It is therefore possible to mitigate or eliminate these risks either by ensuring that present policies and procedures are sufficiently robust or by the introduction of new strategies and practices. Risks already identified have led to ongoing organisational changes, and development of strategies to reduce dependence on single-source funding and to meet the ongoing challenges of radical change in funding methods and service delivery.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

5498430 (England and Wales)

Registered Charity number

1113751

Registered office

Part 1st Floor/2nd Floor
21-23 High Street
Melksham
SN12 6JY

Wiltshire Mind

Report of the Trustees
for the Year Ended 31 March 2020

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Geoffrey Brown	Reappointed September 2017. Chair from September 2018 to September 2019
Cora Gallagher	Reappointed September 2017
Brian Stables	Reappointed September 2018, Treasurer from March 2020
Jim Donald	Chairman from September 2019 .Appointed April 2017 (term extended under C-19 provisions)
Joe McTiernan	Appointed 4 October 2017
Nigel Carter	Appointed July 2019
Deborah Halik	(appointed 16 July 2018, resigned 23 April 2019)
Kevin Fairman	(appointed October 2019, resigned May 2020)

PRINCIPAL STAFF

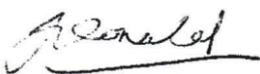
Caroline Beale	Chief Executive Officer (resigned 29 May 2020)
Karen Miller	Office Co-ordinator
Phillippa Collins	Counselling Lead
Bev Harris	Charity Shop Manager
Julia Cawthorne	Fundraiser (resigned 20 January 2020)
Elizabeth Tremblay	Young People's Counsellor
Claire Selway	Finance assistant/bookkeeper

Independent examiner

MHA Monahans
Chartered Accountants
Fortescue House
Court Street
Trowbridge
Wiltshire
BA14 8FA

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 30th December 2020 and signed on its behalf by:



.....
Jim Donald – Chair of Trustees

**Independent Examiner's Report to the Trustees of
Wiltshire Mind**

Independent examiner's report to the trustees of Wiltshire Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

James Gare FCA DChA
MHA Monahans
Chartered Accountants
Fortescue House
Court Street
Trowbridge
Wiltshire
BA14 8FA

Date:

Wiltshire Mind

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2020**

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and voluntary income	2	125,454	11,030	136,484	83,490
Charitable activities	5				
Charitable activities		18,454	4,327	22,781	28,881
Other trading activities	3	72,718	-	72,718	114,643
Investment income	4	<u>2,100</u>	<u>-</u>	<u>2,100</u>	<u>1,232</u>
Total		218,726	15,357	234,083	228,246
EXPENDITURE ON					
Raising funds	6	43,967	-	43,967	45,468
Charitable activities	7				
Charitable activities		<u>110,266</u>	<u>26,368</u>	<u>136,634</u>	<u>106,388</u>
Total		<u>154,233</u>	<u>26,368</u>	<u>180,601</u>	<u>151,856</u>
NET INCOME/(EXPENDITURE)		64,493	(11,011)	53,482	76,390
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>202,639</u>	<u>21,987</u>	<u>224,626</u>	<u>148,236</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>267,132</u></u>	<u><u>10,976</u></u>	<u><u>278,108</u></u>	<u><u>224,626</u></u>

The notes form part of these financial statements

Wiltshire Mind

Balance Sheet
31 March 2020

	Notes	2020 £	2019 £
CURRENT ASSETS			
Debtors	15	2,914	2,467
Investments	16	225,000	140,000
Cash at bank and in hand		<u>82,160</u>	<u>114,013</u>
		310,074	256,480
CREDITORS			
Amounts falling due within one year	17	(31,966)	(31,854)
		<u>278,108</u>	<u>224,626</u>
NET CURRENT ASSETS			
		<u>278,108</u>	<u>224,626</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		278,108	224,626
		<u>278,108</u>	<u>224,626</u>
NET ASSETS			
		<u>278,108</u>	<u>224,626</u>
FUNDS	19		
Unrestricted funds		267,132	202,639
Restricted funds		<u>10,976</u>	<u>21,987</u>
TOTAL FUNDS		<u>278,108</u>	<u>224,626</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2020.

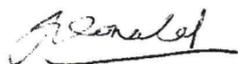
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies' regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30th December 2020 and were signed on its behalf by:



.....
Jim Donald - Trustee



.....
Brian Stables - Trustee

The notes form part of these financial statements

Wiltshire Mind

Notes to the Financial Statements for the Year Ended 31 March 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

Wiltshire Mind is an incorporated charity registered in the England and Wales. The principal address of charity is given within the reference and administration details on page seven of these financial statements. The nature of the charity's operations and principal activities are provided in the Report of the Trustees.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 (as updated through Update Bulletin 1 published on 2 February 2016), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland, the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015. The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it is applying FRS102 Section 1A.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided as rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows;

Computer and office equipment	4 years
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Items of equipment are capitalised where the purchase price exceeds £500.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Wiltshire Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2020**

2. DONATIONS AND VOLUNTARY INCOME		
	2020	2019
	£	£
Donations	120,789	47,445
Grants	<u>15,695</u>	<u>36,045</u>
	<u>136,484</u>	<u>83,490</u>
 3. OTHER TRADING ACTIVITIES		
	2020	2019
	£	£
Fundraising events	-	49,813
Shop income	25,125	32,950
Other Income	6,730	11,087
Training income	<u>40,863</u>	<u>20,793</u>
	<u>72,718</u>	<u>114,643</u>
 4. INVESTMENT INCOME		
	2020	2019
	£	£
Deposit account interest	<u>2,100</u>	<u>1,232</u>
 5. INCOME FROM CHARITABLE ACTIVITIES		
	2020	2019
	Charitable activities	Total activities
	£	£
Support groups	4,327	4,806
Counselling	<u>18,454</u>	<u>24,075</u>
	<u>22,781</u>	<u>28,881</u>
 6. RAISING FUNDS		
Raising donations		
	2020	2019
	£	£
Staff costs	17,279	8,414
Administration costs	105	-
Support costs	<u>-</u>	<u>4,716</u>
	<u>17,384</u>	<u>13,130</u>
 Other trading activities		
	2020	2019
	£	£
Staff costs	16,028	21,787
Shop expenditure	<u>10,555</u>	<u>10,551</u>
	<u>26,583</u>	<u>32,338</u>
 Aggregate amounts	<u>43,967</u>	<u>45,468</u>

Wiltshire Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2020**

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Charitable activities	<u>65,338</u>	<u>71,296</u>	<u>136,634</u>

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2020 £	2019 £
Staff costs	54,939	50,726
Other staff costs	2,339	1,629
Sessional workers	4,225	2,317
Volunteer costs	(79)	741
Premises costs	1,518	3,071
Administration costs	16	501
Professional fees	<u>2,380</u>	<u>4,959</u>
	<u>65,338</u>	<u>63,944</u>

9. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Charitable activities	<u>69,653</u>	<u>1,643</u>	<u>71,296</u>

Support costs, included in the above, are as follows:

Management

	2020 Charitable activities £	2019 Total activities £
Staff costs	42,515	25,167
Volunteer costs	(350)	-
Premises costs	7,553	7,831
Administration costs	11,046	6,272
Professional fees	<u>8,889</u>	<u>6,280</u>
	<u>69,653</u>	<u>45,550</u>

Governance costs

	2020 Charitable activities £	2019 Total activities £
Accountancy and legal fees	<u>1,643</u>	<u>1,610</u>

Wiltshire Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2020**

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2020	2019
	£	£
Independent examination	1,643	1,610
Leasing of photocopier	<u>2,970</u>	<u>2,970</u>

11. TRUSTEES' REMUNERATION AND BENEFITS

There was one trustee remunerated for covering a YIM Group, £52, for the year ended 31 March 2020 - no trustees were remunerated for the year ended 31 March 2019.

Trustees' expenses

There was a total of £416 (£90; 2019) reimbursed to 1 (2; 2019) trustee in relation to reimbursement of the cost of purchasing an asset during the year ended the year ended 31 March 2020.

12. STAFF COSTS

	2020	2019
	£	£
Wages and salaries	128,319	103,939
Social security costs	1,270	1,320
Other pension costs	<u>1,172</u>	<u>835</u>
	<u>130,761</u>	<u>106,094</u>

The average monthly number of employees during the year was as follows:

	2020	2019
Average head count	<u>13</u>	<u>13</u>

No employees received emoluments in excess of £60,000.

The key management personnel of the charity comprise the Chief Executive Officer, Counselling Lead and Charity Shop Manager. The total employee benefits paid to the key management personal were **£66,722** (2019: £56,198).

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and voluntary income	70,081	13,409	83,490
Charitable activities			
Charitable activities	22,750	6,131	28,881
Other trading activities	113,443	1,200	114,643
Investment income	<u>1,232</u>	<u>-</u>	<u>1,232</u>
Total	207,506	20,740	228,246
EXPENDITURE ON			
Raising funds	45,468	-	45,468
Charitable activities			
Charitable activities	83,968	22,420	106,388

Wiltshire Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2020**

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Total	129,436	22,420	151,856
NET INCOME/(EXPENDITURE)	78,070	(1,680)	76,390
RECONCILIATION OF FUNDS			
Total funds brought forward	124,569	23,667	148,236
TOTAL FUNDS CARRIED FORWARD	<u>202,639</u>	<u>21,987</u>	<u>224,626</u>

14. TANGIBLE FIXED ASSETS

		Computer equipment £
COST		
At 1 April 2019 and 31 March 2020		915
DEPRECIATION		
At 1 April 2019 and 31 March 2020		915
NET BOOK VALUE		
At 31 March 2020		-
At 31 March 2019		-

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Other debtors	941	502
Prepayments and accrued income	1,973	1,965
	<u>2,914</u>	<u>2,467</u>

16. CURRENT ASSET INVESTMENTS

	2020 £	2019 £
Hampshire Trust bank account	85,000	-
United Trust Bank account	140,000	140,000
	<u>225,000</u>	<u>140,000</u>

Wiltshire Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2020**

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Trade creditors	-	1,118
Social security and other taxes	1,007	1,431
Accruals and deferred income	<u>30,959</u>	<u>29,305</u>
	<u>31,966</u>	<u>31,854</u>

18. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
Current assets	299,098	10,976	310,074	256,480
Current liabilities	<u>(31,966)</u>	<u>-</u>	<u>(31,966)</u>	<u>(31,854)</u>
	<u>267,132</u>	<u>10,976</u>	<u>278,108</u>	<u>224,626</u>

19. MOVEMENT IN FUNDS

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	177,639	70,185	247,824
Redecoration	15,000	-	15,000
Young people counselling	<u>10,000</u>	<u>(5,692)</u>	<u>4,308</u>
	202,639	64,493	267,132
Restricted funds			
Chippenham you-in-mind fund	5,306	(1,088)	4,218
Devizes you-in-mind fund	3,084	(2,714)	370
Malmesbury you-in-mind fund	81	(1,728)	(1,647)
Melksham you-in-mind fund	117	(1,387)	(1,270)
Salisbury you-in-mind fund	4,717	(2,218)	2,499
Trowbridge you-in-mind fund	71	(2,936)	(2,865)
Trowbridge Polish project	6,826	1,141	7,967
Melksham evening group	1,785	(1,062)	723
Tidworth you-in-mind fund	<u>-</u>	<u>981</u>	<u>981</u>
	<u>21,987</u>	<u>(11,011)</u>	<u>10,976</u>
TOTAL FUNDS	<u>224,626</u>	<u>53,482</u>	<u>278,108</u>

Wiltshire Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2020**

19. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	214,241	(144,056)	70,185
Young people counselling	<u>4,485</u>	<u>(10,177)</u>	<u>(5,692)</u>
	218,726	(154,233)	64,493
Restricted funds			
Chippenham you-in-mind fund	2,626	(3,714)	(1,088)
Devizes you-in-mind fund	965	(3,679)	(2,714)
Malmesbury you-in-mind fund	1,930	(3,658)	(1,728)
Melksham you-in-mind fund	2,158	(3,545)	(1,387)
Salisbury you-in-mind fund	2,565	(4,783)	(2,218)
Trowbridge you-in-mind fund	609	(3,545)	(2,936)
Trowbridge Polish project	2,395	(1,254)	1,141
Melksham evening group	109	(1,171)	(1,062)
Tidworth you-in-mind fund	<u>2,000</u>	<u>(1,019)</u>	<u>981</u>
	<u>15,357</u>	<u>(26,368)</u>	<u>(11,011)</u>
TOTAL FUNDS	<u><u>234,083</u></u>	<u><u>(180,601)</u></u>	<u><u>53,482</u></u>

Comparatives for movement in funds

	At 1.4.18 £	Net movement in funds £	Transfers between funds £	At 31.3.19 £
Unrestricted funds				
General fund	124,569	78,070	(25,000)	177,639
Redecoration	-	-	15,000	15,000
Young people counselling	<u>-</u>	<u>-</u>	<u>10,000</u>	<u>10,000</u>
	124,569	78,070	-	202,639
Restricted funds				
Chippenham you-in-mind fund	2,800	2,506	-	5,306
Devizes you-in-mind fund	4,665	(1,581)	-	3,084
Malmesbury you-in-mind fund	1,749	(1,668)	-	81
Melksham you-in-mind fund	2,081	(1,964)	-	117
Salisbury you-in-mind fund	1,178	3,539	-	4,717
Trowbridge you-in-mind fund	330	(259)	-	71
Mens only group	9	-	(9)	-
Trowbridge Polish project	7,989	(1,163)	-	6,826
Melksham evening group	<u>2,866</u>	<u>(1,090)</u>	<u>9</u>	<u>1,785</u>
	<u>23,667</u>	<u>(1,680)</u>	<u>-</u>	<u>21,987</u>
TOTAL FUNDS	<u><u>148,236</u></u>	<u><u>76,390</u></u>	<u><u>-</u></u>	<u><u>224,626</u></u>

Wiltshire Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2020**

19. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	207,506	(129,436)	78,070
Restricted funds			
Chippenham you-in-mind fund	5,557	(3,051)	2,506
Devizes you-in-mind fund	1,180	(2,761)	(1,581)
Malmesbury you-in-mind fund	1,040	(2,708)	(1,668)
Melksham you-in-mind fund	1,392	(3,356)	(1,964)
Salisbury you-in-mind fund	7,487	(3,948)	3,539
Trowbridge you-in-mind fund	2,490	(2,749)	(259)
Trowbridge Polish project	1,325	(2,488)	(1,163)
Melksham evening group	269	(1,359)	(1,090)
	<u>20,740</u>	<u>(22,420)</u>	<u>(1,680)</u>
TOTAL FUNDS	<u><u>228,246</u></u>	<u><u>(151,856)</u></u>	<u><u>76,390</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.18 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
General fund	124,569	148,255	(25,000)	247,824
Redecoration	-	-	15,000	15,000
Young people counselling	-	(5,692)	10,000	4,308
	<u>124,569</u>	<u>142,563</u>	-	<u>267,132</u>
Restricted funds				
Chippenham you-in-mind fund	2,800	1,418	-	4,218
Devizes you-in-mind fund	4,665	(4,295)	-	370
Malmesbury you-in-mind fund	1,749	(3,396)	-	(1,647)
Melksham you-in-mind fund	2,081	(3,351)	-	(1,270)
Salisbury you-in-mind fund	1,178	1,321	-	2,499
Trowbridge you-in-mind fund	330	(3,195)	-	(2,865)
Mens only group	9	-	(9)	-
Trowbridge Polish project	7,989	(22)	-	7,967
Melksham evening group	2,866	(2,152)	9	723
Tidworth you-in-mind fund	-	981	-	981
	<u>23,667</u>	<u>(12,691)</u>	-	<u>10,976</u>
TOTAL FUNDS	<u><u>148,236</u></u>	<u><u>129,872</u></u>	<u><u>-</u></u>	<u><u>278,108</u></u>

Wiltshire Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2020**

19. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	421,747	(273,492)	148,255
Young people counselling	<u>4,485</u>	<u>(10,177)</u>	<u>(5,692)</u>
	426,232	(283,669)	142,563
Restricted funds			
Chippenham you-in-mind fund	8,183	(6,765)	1,418
Devizes you-in-mind fund	2,145	(6,440)	(4,295)
Malmesbury you-in-mind fund	2,970	(6,366)	(3,396)
Melksham you-in-mind fund	3,550	(6,901)	(3,351)
Salisbury you-in-mind fund	10,052	(8,731)	1,321
Trowbridge you-in-mind fund	3,099	(6,294)	(3,195)
Trowbridge Polish project	3,720	(3,742)	(22)
Melksham evening group	378	(2,530)	(2,152)
Tidworth you-in-mind fund	<u>2,000</u>	<u>(1,019)</u>	<u>981</u>
	<u>36,097</u>	<u>(48,788)</u>	<u>(12,691)</u>
TOTAL FUNDS	<u>462,329</u>	<u>(332,457)</u>	<u>129,872</u>

Restricted Funds

Details on page 6-7. There are various funds at the yearend which are in deficit. The charity is in the process of considering how these deficits will be funded. If it is not possible to find external supporters, the deficit will be met from unrestricted reserves.

Designated funding

The charity's income includes funds that are designated by the charity for use on particular activities and projects

Redecoration: Funds set aside for the re-decoration, re-carpeting and ensuring the heating system was in a good state of repair if Wiltshire Mind were to leave its present premises in Melksham as this is a condition of the lease

Young People's Counselling: Funding to support the project for the year

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2020.

Wiltshire Mind

Detailed Statement of Financial Activities
for the Year Ended 31 March 2020

	2020 £	2019 £
INCOME AND ENDOWMENTS		
Donations and voluntary income		
Donations	120,789	47,445
Grants	<u>15,695</u>	<u>36,045</u>
	136,484	83,490
Other trading activities		
Fundraising events	-	49,813
Shop income	25,125	32,950
Other Income	6,730	11,087
Training income	<u>40,863</u>	<u>20,793</u>
	72,718	114,643
Investment income		
Deposit account interest	2,100	1,232
Charitable activities		
Support groups	4,327	4,806
Counselling	<u>18,454</u>	<u>24,075</u>
	<u>22,781</u>	<u>28,881</u>
Total incoming resources	234,083	228,246
EXPENDITURE		
Raising donations		
Wages	17,279	8,414
Administration costs	<u>105</u>	<u>-</u>
	17,384	8,414
Other trading activities		
Wages	15,134	21,196
Social security	710	499
Pensions	184	92
Shop expenditure	<u>10,555</u>	<u>10,551</u>
	26,583	32,338
Charitable activities		
Wages	53,391	50,450
Social security	560	218
Pensions	988	58
Other staff costs	2,339	1,629
Sessional workers	4,225	2,317
Volunteer costs	(79)	741
Premises costs	1,518	3,071
Administration costs	16	501
Professional fees	<u>2,380</u>	<u>4,959</u>
	65,338	63,944

This page does not form part of the statutory financial statements

Wiltshire Mind

Detailed Statement of Financial Activities
for the Year Ended 31 March 2020

	2020 £	2019 £
Support costs		
Management		
Wages	42,515	23,879
Social security	-	603
Pensions	-	685
Volunteer costs	(350)	-
Premises costs	7,553	7,831
Administration costs	11,046	6,272
Professional fees	<u>8,889</u>	<u>6,280</u>
	69,653	45,550
Governance costs		
Accountancy and legal fees	<u>1,643</u>	<u>1,610</u>
Total resources expended	<u>180,601</u>	<u>151,856</u>
Net income	<u><u>53,482</u></u>	<u><u>76,390</u></u>

This page does not form part of the statutory financial statements